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Combat dry hair
100 per cent sulphate free



hair now

New Zealand's top hairdresser Adrian Barclay gives The Southland Times exclusive photos and tips on how you should be indulging your hair this winter. **Craig Lawson** reports.

Among all the styles available the key is to create your individual style. Not every amazing trend on the catwalk and fashion magazine will suit everyone. The key is taking fashionable ideas and working them to suit your lifestyle and your own sense of style. "Everyone is free to find their own look and wear it the best they can," Adrian Barclay says.

Once upon a time the "it" look was American actress Jennifer Aniston's long hair.

Now it's singer Rihanna and her overall short hair - but style high at the front. "It's all taking short hair and making sexy and feminine."

"There are so many hot, new and exciting looks coming through right now," he said.

And just for us he has selected his current top three.

ADRIAN'S TOP TIPS

Short is the new long: Is all about individual fashion right now - finding a look that suits you.

Mixing it up:

Hard and soft together is the new direction in hair fashion.

Styling by: Terzann Elliot
Hair by: Venom

Up-dos:

This is the current trend hitting the international catwalk. Sleeked back at the sides and loose on top. New twist on a French roll.



three key looks this winter

Celebrity look: Rihanna
Short hair
Androgynous look
Sexy boy meets girl



Sexy wiggly hair:
Looser, bouncy hair
Strong fringe with soft texture



winter colours



Chocolate sundae: It's all about saucy hot chocolate with a hint of cinnamon. The colour is sexy black, kept quite smooth and elegant.

Did you know your hair colour should be good enough to eat? Surviving winter can be tough on your hair. Being inside most of the time - office heating, home heating - it tends to take a toll and dry your hair out. A great pick-me-up is to add colour. The correct hair colour is essential to completing any look. Statik Hair Design salon owner Ria Bond, a colour specialist, is excited about the colour trends for winter. "Chocolate, cinnamon, it's all about colour delicious enough to eat."

Mrs Bond, who has been in business for 17 years, says while colours tend to come and go, the one colour that never loses favour with people is the power of blonde. "Blonde will always be in fashion and it's all about keeping it fresh."

Here we profile some of the best colours for winter. And it just gets tastier. Look out for the spring trend - raspberry red with a little bit of naughty.



Ice cream blonde: Blonde never goes out of fashion. This winter, take ash blonde add a sharp touch of gloss and you will bring life to any hairstyle.

release your inner animal!

Rare by name, rare by nature. The GHD Rare is pure styling fashion, inspired by this season's leopard prints. This must-have styler includes a limited-edition GHD Rare IV Styler, heat-resistant pouch and a convenient carry-case. The leopard print, heat-resistant styler pouch fits neatly inside the carry-case and serves as a perfect accessory to the your new GHD Styler.

Cost: \$375
Available from: Total Image
Grrrrrrrrrr



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